

HALTON REGIONAL POLICE SERVICE

One Vision One Mission One Team



January 25, 2021

On behalf of the Halton Regional Police Service, I am honoured and privileged to support Break-A-Thon 2000 sponsored by Morningstar Taekwon-Do.

Mike Morningstar has been operating his Taekwon-Do school in Oakville for the past 32 years. The Break-a-thon event was held in the past as a fund raiser for local charity organizations. The theme, People Helping People, is hinged on the proven success of this event being as unique as the times we are faced with now. This will be one man's effort to make an impact with the support of the students of Morningstar Taekwon-Do.

The event is called "Break-A-Thon 2000. Mr. Morningstar will break 2,000, 1" thick 12" x 12" pieces of wood over the course of four hours. Funds raised will go to ROCK (Reach Out Centre for Kids).

It has been almost 20 years since the last Break-a-thon. This year's event will be held February 27, 2021. Details can be found at www.breakathon.ca

Let's come together to help mental health and addiction and supporting ROCK.

A handwritten signature in black ink, appearing to read "Stephen J. Tanner".

Stephen J. Tanner
Chief of Police